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**INTERSCHOOL ARMBANDS**

All children participating in the Interschools shows are required to display

Their 5-digit SANESA numbers on an armband around their left upper arm

 or on the top of their left boot.

Either print their numbers on white cardboard or paper or write it using

a thick black marker. We suggest using 110 as the font size with the final

paper size of 12.5cm x 5cm. this is easily slipped into the plastic pocket.

Hand/Machine wash in cool water. Remove the paper before washing.

Do not iron on plastic.

Armbands are also available with embroidered numbers on request.

 Eg:

**12345**